| Sylvan                                   | SUN  | MON   | TUE  | WED   | THU  |
|--|--|---|--|---|--|
| WOODS<br>S<br>A<br>A<br>A<br>B<br>B<br>B |  | 1<br>11:00a -Book Club<br>2:30p- Resident Lead Poker<br>5:00p- Water<br>Aerobics  | 2<br>9:00a- Group Pilates<br>5:00p- Line Dancing<br>6:00p- Womens Social                         | 3<br>10:00a- Walking Club<br>1:00p- Tech Time<br>5:00p- Wine Down<br>Wednesday                            | 4<br>9:30a- Coffee Chat<br>10:00a- Cardio and<br>Strength Blast<br>11:30a- Lunch & Learn<br>3:00p- Social Hour |
|  | 7<br><u>9:00a- 1:00p</u><br>Farmers Market | 8<br>11:00a- Book Club<br>2:30p- Resident Lead Poker<br>5:00p- Water<br>Aerobics  | 9:00a- Group Pilates<br>2:00p: Jewelry Making<br>5:00p- Line Dancing<br>6:00p- Mens Social       | 10<br>10:00a- Walking Club<br>1:00p- Tech Time<br>6:00p- Resident Town Hall                               | 9:30a- Coffee Chat<br>10:00a- Cardio and<br>Strength Blast<br>3:00p- Yappy Hour                                |
|  | 14<br>9:00a- 1:00p<br>Farmers Market       | 15<br>11:00a- Book Club<br>2:30p- Resident Lead Poker<br>5:00p- Water<br>Aerobics | 16<br>9:00a- Group Pilates<br>5:00p- Line Dancing<br>6:00p- Womens Social                        | 17<br>10:00a- Walking Club<br>1:00p- Tech Time<br>5:00p- Wine Down<br>Wednesday                           | 18<br>9:30a- Coffee Chat<br>10:00a- Cardio and<br>Strength Blast<br>3:00p- Social Hour                         |
|  | 21<br>9:00a- 1:00p<br>Farmers Market       | 22<br>11:00a- Book Club<br>2:30p- Resident Lead Poker<br>5:00p- Water<br>Aerobics | 23<br>9:00a- Group Pilates<br>2:00p: Paint Your Pet<br>5:00p- Line Dancing<br>6:00p- Mens Social | 24<br>10:00a- Walking Club<br>1:00p- Tech Time<br>5:00p- Wine Down<br>Wednesday                           | 25<br>9:30a- Coffee Chat<br>10:00a- Cardio and<br>Strength Blast<br>3:00p- Yappy Hour                          |
|  | 28<br>9:00a- 1:00p<br>Farmers Market       | 29<br>11:00a- Book Club<br>2:30p- Resident Lead Poker<br>5:00p- Water<br>Aerobics | 30<br>9:00a- Group Pilates<br>5:00p- Line Dancing<br>6:00p- Womens Social                        | 31<br>10:00a- Walking Club<br>1:00p- Tech Time<br>5:00p- Wine Down<br>Wednesday- Birthday<br>Celebrations |  |
|  |  |   |  |   |  |

#### FRI

# 4

#### 1 nd ist

9:00a- Yarn Crafting 2:00p- Billiards 5:00p- Meditation 7:00p- Movie Night

9:00a- Yarn Crafting

5:00p- Happy Hour

7:00p- Movie Night

2:00p- Billiards

5

12

19

### SAT

10:00a- Garden Club 6:00p- Evening Swim 7:00p- Trivia Pursuit

6

13

10:00a- Garden Club 6:00p- Evening Swim 7:00p- Trivia Pursuit

## 20

27

10:00a- Garden Club 6:00p- Evening Swim 7:00p- Trivia Pursuit

9:00a- Yarn Crafting 2:00p- Billiard 5:00p- Meditation s 7:00p- Movie Night

## 26

12:00p- Yarn Crafting 2:00p- Billiards 6:00p- Italian Cooking Demonstration 10:00a- Garden Club 6:00p- Evening Swim 7:00p- Trivia Pursuit